

# El Abrojo



## Presentation

### Themes

Childhood, Adolescence and Youth, Leisure and Recreation, Work, Environment, Basic Life Skills, Substance Abuse Prevention, Educational Media Education and ICTs.

### Projects

#### Children, Youth and Adolescents Program

To promote their social inclusion and rights through these 3 areas of action: socio-educational programmes – training and research – advocacy in public policies.

- Casa Abierta, Repique, MandalaVos, Trampolines etc... The

project is based on the following principles: spaces for educational and social activities; involvement of families and the local institutional and community fabric.

- Itinerant bus with a socio-educational aim for street children and adolescents.

### **Recreation and Leisure Program: La Jarana**

To develop cultural promotion and encourage leisure, sport, free time and recreation in a multidisciplinary perspective.



- Training focused on the production of socio-cultural proposals adapted to community realities for young people/adolescents.
- Training on leisure for educators, teachers and social professionals.
- Participation in the 2nd International Congress of Games, Free Time and Leisure in May 2018.

## Life Skills Program



Développement des compétences psychosociales et interpersonnelles en vue de réduire les comportements à risque et d'améliorer le bien-être individuel et collectif.

- Responsible Education (2016-17): working on emotions and creativity in schools through an online platform for exchanges and teacher training.
- Political and technical management of a programme carried out under an agreement with the National Office for Drugs to promote sport and health (2013-15): workshops and teaching tools for youth workers.
- Responsible education (2016-17): work on the Alter-Actions Program (since 1995) Action research, activities and advocacy to reduce the risks and harms inherent in drug use. This programme is divided into three areas: socio-health (family and community approach), cultural (promotion of responsible consumption) and educational (targeting adolescents and educational institutions):



- Responsible consumption (Consumo Cuidado): project following a contextual approach to drug use, aimed at consumers.
- Masculino-Feminino: reflection on the sufferings linked to the injunctions of a patriarchal society on the behaviours and emotions expected from women and men (sexual assignment) in order to think about the alternatives of being a gender.

### **Work: Generating opportunities (Socio Laboral)**

In collaboration with public institutions and civil society actors with a view to local development, El Abrojo supports the idea of work as a generator of opportunities:

- Technical assistance, support and training for social cooperatives and also for entrepreneurs (incubation and support for micro-entrepreneurs).
- Employability project: social and professional training of young people in ICT'S.

- Sports Square (Plazas de Deportes): socio-educational and professional experience for adults in a situation of prolonged unemployment.

## Trainings

- Recreation course, 150 hours; in Spanish
- Tools for social workers, 80 hours in semi-presence; in Spanish
- Applied training for workspaces, 8 to 20 hours, in Spanish

## Teaching tools

Multitude of teaching tools according to the programs.

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